Sustainable Business Practices Among Women Entrepreneurs: A Strategy for Poverty Alleviation

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ABSTRACT: Women Entrepreneurs play a significant role in breaking the poverty cycle. The break the poverty cycle by self-motivating themselves and others in being successful. Entrepreneurship is a concept through which the women are given opportunities to develop their skills. It also develops their creativity and improve their productivity and hence the acquire a good income. They gain financial independence and share the contribution to their families and others. This paper deals with the opportunities developed by the women entrepreneurs in breaking the poverty cycle.

Keywords: Entrepreneurship, Skills, Poverty cycle, Women Entrepreneurs

INTRODUCTION

Employment opportunities are created for other people as a result of women's entrepreneurship. Because it is a source of revenue, it helps to alleviate poverty. As stated by Singer (2006), poverty may be defined as a lack of income or a paucity of resources. According to Adenutsi (2009), poverty is caused by low levels of production as well as financial restrictions.

It is possible to produce new ideas and then offer them to the market. It is through the implementation of successful ideas that individuals are able to enhance the quality of their lifestyle. Women's entrepreneurship contributes to the development of societal concerns such as education, healthcare, and environmental protection. Additionally, the improved productivity and creativity might be attributed to the entrepreneurial endeavours of women. Diversity in the corporate world is something that women entrepreneurs are excited about.

Changes in people's lifestyles have been brought about as a result of shifting trends and situations in the socioeconomic sphere. When it comes to the family, women have historically been supportive. In order to provide assistance to the other members of the family, they are involved in all aspects of home administration. According to Halabisky et al. (2016), women have sentiments of entrepreneurship that need to be cultivated or nurtured. The women business owners have made the reduction of poverty their primary objective, and they are working to achieve this by improving their economic status. According to Kakwani and Pernia (2000), the

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mission of poverty alleviation is to promote the human welfare of those who are impoverished. According to Nor and Ramli (2016), women are responsible for making timely repayments on loans that they have obtained from financial institutions or other sources. Women entrepreneurs have seen an increase in their quality of life as a result of the government's assistance in the fight against poverty, which has led to the development of businesses.

When it comes to improving their family's financial situation, women put forth a lot of effort. The majority of newly created jobs are discovered to be in the realm of small businesses that are controlled by women. In comparison to males, women have twice as many sources of origin as men have (Buttner, 2005). The fast expansion and development of women's entrepreneurship has been a significant contributor to the country's economic growth and the creation of new job opportunities. Personality qualities are associated with increased opportunities in the corporate world (Ardichvili, 2003). In addition, women who are internally driven are the ones that develop organisations that are able to endure and thrive (Gimeno, 1997). According to the findings of a number of studies, women entrepreneurs who get proper training have a greater ability to do their jobs effectively (Salman, 2009).

According to Hechavarria et al. (2019), female entrepreneurship has emerged as a significant component in the worldwide effort to achieve sustainability. It has the capacity to bring about a transformational change in the way that modern economic, social, and environmental concerns are addressed. Women entrepreneurs are playing an increasingly major role in the creation of enterprises that not only provide economic value but also contribute positively to society and the environment (Chen et al., 2023). This is occurring in a setting where sustainability has become a must for the success of businesses. Several different theoretical viewpoints have been used in order to investigate female entrepreneurship. A crucial framework for understanding gender dynamics in the context of entrepreneurship is provided by feminist theory. This framework differentiates between liberal, social, and poststructuralist perspectives, which are used to explain the various motives, impediments, and tactics used by female entrepreneurs (Ahl and Marlow, 2012). Social feminism places an emphasis on the variations in the value orientations and leadership styles of women entrepreneurs, who often prioritise social and environmental aims (Lewis, 2014). Liberal feminism, on the other hand, places an emphasis on equal chances and access to resources. (Ipinnaiye and Olaniyan, 2023) Women entrepreneurs are often at the vanguard of projects that directly address concerns such as poverty, gender inequality, quality education, climate change, and responsible production. These initiatives are generally formulated by women entrepreneurs. Due to the sensitivity of the population regarding economic, social, and environmental difficulties, female entrepreneurship is a challenge that is related to corporate social responsibility (CSR) strategies (Harakati et al., 2024).

OBJECTIVES OF THE STUDY

- To evaluate the Factors behind Empowerment of Women Entrepreneurs
- To determine the relationship between the various Empowerment of women entrepreneurs before and after starting the enterprise
- To identify the reliability and validity of the items in the questionnaire

HYPOTHESES

The following hypotheses were framed and tested

HYPOTHESIS I: There is no significant difference between mean ranks towards the various Empowerments of women entrepreneurs before and after starting the enterprise

HYPOTHESIS II: There is no significant difference among various Empowerment of women entrepreneurs before and after starting the enterprise

HYPOTHESIS III: There is no significant relationship among Empowerment of Women Entrepreneurs

RESEARCH PROBLEM

Women Entrepreneurship makes a social impact on the society by promoting sustainable practices. Though there are various advantages, Women Entrepreneurs face several issues and problems from the society and family. Accessing resource is found to be a barrier for the Women Entrepreneurs as they do not have a good network for resources. Balancing the work and life is yet another issue as they do not get a proper support from the family and society. They limit their willingness to satisfy the family members necessity. Hence, they suffer a lifestyle of low or medium level. Their poverty level is still stagnant. This paper deals with the poverty cycle, the women entrepreneurs come across and how they overcome it.

RESEARCH METHODOLOGY

This paper brings together findings from several researches, the authors have been involved in examining the dimensions of Women Entrepreneurs in Chennai city, Tamil Nadu in India. 236 women entrepreneurs in ten different sectors such as Flower/ Gift shop, Buying & Selling Clothes, Beauty care and Spa, Pappad making, Food Units, Agarbatti making, Aari & Tailoring, Creche, Xerox/Recharge, Bakery from the above city is taken as sample and surveyed with the help of questionnaire for the study. Out of 300 questionnaires distributed only 236 (78.8 per cent) were complete questionnaire and 23 (7.6 per cent) questionnaires were not returned and 41 (13.6 per cent) questionnaires were incomplete. The study is an empirical. The secondary data is obtained from numerous reliable sources like books, newspapers, journals, and through access to various websites. Descriptive research design is followed in the study.

SAMPLING PLAN

- 1) Sample Unit: Respondents from Chennai city, Tamil Nadu
- 2) Sample Size: 236
- 3) Sampling Selection: Simple Random Sampling
- 4) Sampling Techniques: Non-Probability
- 5) Sampling Instrument- Structured Questionnaire
- 6) Sampling Statistical Tools- Likert scale method, Friedman Test, Paired t- test, Correlation Analysis. The reliability of the variables was tested with the help of Cronbach's Alpha and validity with the help of Confirmatory Factor Analysis in AMOS.

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ANALYSIS AND INTERPRETATION

In the study the various variables such as Economic Empowerment, Decision making Empowerment, Social Empowerment, Familial/ Interpersonal Empowerment, Psychological Empowerment and Political Empowerment are included. The attributes are Acquisition of assets, Income generation, Contribution to house-hold income, Upgrading standard of living Dealing household expenses, Family budgeting, Education/Career/Marriage of children, Saving, Borrowing and Investment in business, Self-identity, Getting /extending help from/to others, Responsiveness about social issues, Raising voice against social corruption, Extending Support to family members, Development in house hold amenities, Perfection in family bonding, Capability to solve family related issues, Self-confidence and Self-reliance, Accomplishment of Knowledge and Skills, Decision making ability, Capacity to tackle business threats, Involvement in local bodies, Awareness about reservation for women in politics, Knowledge on political and legal rights of women, and Alertness on political benefits for women.

Table: 1 Demographic background of Employees

Demographic characteristics		n (Total=236)	% of n
	Less than 30 years	9	3.8
AGE	30 years - 60 years	126	53.4
	60 years & above	101	42.8
MARITAL Married		152	64.4
STATUS Unmarried		84	35.6
EDUCATIONAL	School level	37	15.7
STATUS	Graduation	170	72.0
SIAIUS	Post-Graduation	29	12.3

Source: Primary datan - Number of respondents

It is clear from the table:1 regarding the age of the Women entrepreneurs that those belonging to the age group of between 30 years and 60 years (53.4 %) are higher in representation in the study and only 3.8 of them belong to age Less than 30 years. 42.8 % of the women entrepreneurs belong to the age group of 60 years & above. 64.4 % of the women entrepreneurs in the study are married and 35.6 % of them are unmarried. Regarding educational status, 12.3 % of the women entrepreneurs in the study have Post-Graduation and 15.7 % studied only school level education. 72.0 % of them are graduates.

Table: 2. Frequency Distribution of Nature of Business

Nature of Business	Frequency	Percent
Flower/ Gift shop	15	6.4
Buying & Selling Clothes	37	15.7
Beauty care and Spa	31	13.1
Pappad making	5	2.1
Food Units	26	11.0
Agarbatti making	11	4.7

Aari & Tailoring	47	19.9
Creche	14	5.9
Xerox/Recharge	6	2.5
Bakery	44	18.6
Total	236	100.0

Source: Primary data

The table:2 depicts that the nature of business of the women entrepreneurs. 6.4 per cent of the respondents have Flower/ Gift shop, 15.7 per cent of the respondents nature of business is Buying & Selling Clothes, 13.1 per cent of the respondents have Beauty care and Spa, 2.1 per cent of the respondents nature of business is Pappad making, 11.0 per cent of the respondents nature of business is Food Units, 4.7 per cent of the respondents nature of business is Agarbatti making 19.9 per cent of the respondents have Aari & Tailoring business, 5.9 per cent of the respondents nature of business is Creches, 2.5 per cent of the respondents nature of business is Xerox/Recharge, 18.6 per cent of the respondents own Bakery.

HYPOTHESIS I

Null Hypothesis: There is no significant difference between mean ranks towards the various Empowerments of women entrepreneurs before and after starting the enterprise

Table: 3. Friedman test for significant difference between mean ranks towards the various Empowerments of women entrepreneurs before and after starting the enterprise

	Before sta	rting the	Enterprise	After sta	rting the	Enterprise				
Empowerment	Mean Rank	Chi- Square value	P value	Mean Rank	Chi- Square value	P value				
Economic Empowerment	3.11			2.22						
Decision making Empowerment	4.72			5.50						
Social Empowerment	2.26		0.005**	3.19		0.001**				
Familial/ Interpersonal Empowerment	3.51	289.21	289.21	289.21	289.21	3.51 289.21	Significant	4.58	670.124	Significant
Psychological Empowerment	2.75			1.93						
Political Empowerment	4.60			3.47						

Source: Statistically analyzed data ** Denotes significance at 1% level

Table:3 depicts the mean ranking of the Empowerments of women entrepreneurs before and after starting the enterprise. Since P value is less than 0.01, the null hypothesis is rejected at 1 percent level of significance. Hence it is concluded that there is significant difference between mean ranks towards the various Empowerments women entrepreneurs before and after starting the enterprise. Based on mean rank of Empowerments women entrepreneurs before and after starting the enterprise, 'Decision making Empowerment' (4.72) is the best Empowerment of women entrepreneurs before and after starting the enterprise, followed by Political Empowerment (4.60), Familial/Interpersonal Empowerment (3.51), Economic Empowerment (3.11), Psychological Empowerment (2.75), and Social Empowerment (2.23). Based on mean rank of Empowerments women entrepreneurs before and after starting the enterprise, 'Decision making Empowerment' (5.50) is the best Empowerment of women entrepreneurs before and after starting the enterprise, followed by Familial/Interpersonal Empowerment (4.57), Political Empowerment (3.48), Social Empowerment (3.19), Economic Empowerment (2.22), and Psychological Empowerment (1.93). Compared to all the six various Empowerments, Decision making Empowerment has the highest representation followed by Familial/Interpersonal Empowerment, Political Empowerment, Social Empowerment, Economic Empowerment, and the least is Psychological Empowerment.

HYPOTHESIS II

Null Hypothesis: There is no significant difference among various Empowerment of women entrepreneurs before and after starting the enterprise

Table: 4. Paired t - Test for significant difference among various Empowerment of women entrepreneurs before and after starting the enterprise

Emp	oowerment	Mean	SD	Correlation	t value	P value
Economic	Before starting the enterprise	26.83	6.256	0.678	10.163	0.000**
Empowerment	After starting the enterprise	30.58	7.263	0.078	10.103	0.000
Decision making	Before starting the enterprise	33.75	5.018	0.289	26.479	0.001**
Empowerment	After starting the enterprise	43.21	4.382	0.289	20.479	0.001
Social	Before starting the enterprise	24.63	6.001	0.713	21.092	0.000**
Empowerment	After starting the enterprise	32.65	8.646	0.713	21.092	0.000
Familial/ Interpersonal	Before starting the enterprise	29.79	4.199	0.144	23.563	0.032*
Empowerment	After starting the enterprise	39.62	5.623	0.144		0.032
Psychological	Before starting the enterprise	26.21	5.615	0.621	4.286	0.002 **
Empowerment	After starting the enterprise	27.57	6.187	0.021	4.200	0.002 **
Political Empowerment	Before starting the enterprise	33.89	5.900	0.532	2.783	0.008**
	After starting the enterprise	34.94	6.274	0.332	2.703	0.006

Source: Statistically analyzed data

Note: ** Denotes significance at 1% level

Volume 46 No. 1, May 2025: 134-145

* Denotes significance at 5% level

Table:4 shows the Empowerment of women entrepreneurs before and after starting the enterprise. There is significant difference between Empowerment of women entrepreneurs before and after starting the enterprise among Economic Empowerment. The correlation of Economic Empowerment between women entrepreneurs before and after starting the enterprise is 0.678, is strongly positive. There is significant difference between Empowerment of women entrepreneurs before and after starting the enterprise as Decision making Empowerment. The correlation of Decision-making Empowerment between women entrepreneurs before and after starting the enterprise is 0.289 and is low positive.

Empowerment of women entrepreneurs before and after starting the enterprise as Social Empowerment has a significant difference. The correlation of Social Empowerment between women entrepreneurs before and after starting the enterprise is 0.713 is strongly positive. There is significant difference between Empowerment of women entrepreneurs before and after starting the enterprise as Psychological Empowerment. The correlation of Psychological Empowerment women entrepreneurs before and after starting the enterprise is 0.621 is strongly positive. Also, there is significant difference between Empowerment of women entrepreneurs before and after starting the enterprise as Political Empowerment. The correlation of Political Empowerment between women entrepreneurs before and after starting the enterprise is 0.532 is moderately positive. There exists a significance at 0.01 percent and the null hypothesis is rejected at 1 percent level of significance.

Since P value is less than 0.05, the null hypothesis is rejected at 5 percent level of significance. Hence it is concluded that there is significant difference between Empowerment of women entrepreneurs before and after starting the enterprise as Familial/ Interpersonal Empowerment. The correlation of Familial/ Interpersonal Empowerment between women entrepreneurs before and after starting the enterprise is 0.144 is least positive. Comparing the Mean level of the various Empowerments, 'Empowerment of women entrepreneurs after starting the enterprise' is better than 'Empowerment of women entrepreneurs before starting the enterprise'.

HYPOTHESIS III

Null Hypothesis: There is no significant relationship among Empowerment of Women Entrepreneurs

Table: 5. Inter Correlation Matrix on Empowerment of Women Entrepreneurs

		EE	DE	SE	IE	PSE	POE
EE	Pearson Correlation	1	0.882^{**}	0.949**	0.881**	0.855**	0.819**
	Sig. (2-tailed)		0.009	0.000	0.004	0.003	0.006
DE	Pearson Correlation		1	0.985**	0.811**	0.816**	0.925**
	Sig. (2-tailed)			0.004	0.007	0.006	0.004
SE	Pearson Correlation			1	0.971**	0.918**	0.824**
	Sig. (2-tailed)				0.008	0.000	0.005

IE	Pearson Correlation	1	0.861**	0.811**
	Sig. (2-tailed)		0.004	0.003
PSE	Pearson Correlation		1	0.828**
	Sig. (2-tailed)			0.003
POE	Pearson Correlation			1
	Sig. (2-tailed)			

Source: Statistically analyzed data

Note: EE refers to Economic Empowerment, **DE** refers to Decision-making Empowerment, **SE** refers to Social Empowerment, **IE** refers to Interpersonal Empowerment, **PSE** refers to Psychological Empowerment, **POE** refers to Political Empowerment

Table:5 proves that the correlation coefficient between Economic Empowerment and Decision-making Empowerment is 0.882 which in turn indicates 88 per cent high positive relation. The correlation coefficient between Economic Empowerment and Social Empowerment is 0.949 which in turn indicates 95 per cent high positive relation. The correlation coefficient between Economic Empowerment and Interpersonal Empowerment is 0.881 which in turn indicates 88 per cent high positive relation. The correlation coefficient between Economic Empowerment and Psychological Empowerment is 0.855 which in turn indicates 86 per cent high positive relation. The correlation coefficient between Economic Empowerment and Political Empowerment is 0.819 which in turn indicates 82 per cent high positive relation.

The correlation coefficient between Decision-making Empowerment and Social Empowerment is 0.985 which in turn indicates 99 per cent high positive relation. The correlation coefficient between Decision-making Empowerment and Interpersonal Empowerment is 0.811 which in turn indicates 81 per cent high positive relation. The correlation coefficient between Decision-making Empowerment and Psychological Empowerment is 0.816 which in turn indicates 82 per cent high positive relation. The correlation coefficient between Decision-making Empowerment and Political Empowerment is 0.925 which in turn indicates 93 per cent high positive relation.

The correlation coefficient between Social Empowerment and Interpersonal Empowerment is 0.971 which in turn indicates 97 per cent high positive relation. The correlation coefficient between Social Empowerment and Psychological Empowerment is 0.918 which in turn indicates 92 per cent high positive relation. The correlation coefficient between Social Empowerment and Political Empowerment is 0.924 which in turn indicates 92 per cent high positive relation.

The correlation coefficient between Interpersonal Empowerment and Psychological Empowerment is 0.861 which in turn indicates 86 per cent high positive relation. The correlation coefficient between Interpersonal Empowerment and Political Empowerment is 0.811 which in turn indicates 81 per cent high positive relation.

The correlation coefficient between Psychological Empowerment and Political Empowerment is 0.828 which in turn indicates 83 per cent high positive relation.

^{**} Correlation is significant at the 0.01 level (2-tailed)

Table:6. Measurement Model of Factors behind Empowerment of Women Entrepreneurs

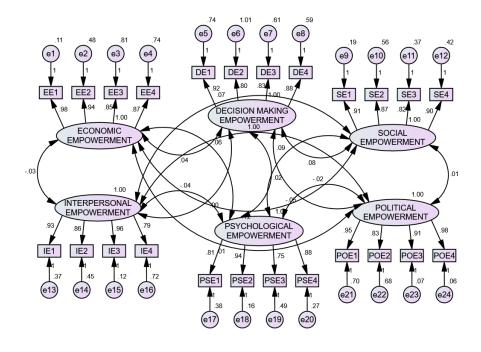
Item(s) of FEWE	Factor	CFA	Cronbach α	Cumulative			
	Item	Loading	(Item wise)	Cronbach			
Economic Empowerment							
Acquisition of assets	EE1	0.980	0.884				
Income generation	EE2	0.940	0.866	0.933			
Contribution to house-hold income	EE3	0.850	0.975				
Upgrading standard of living	EE4	0.870	0.960				
Decision- making Empowerment		1					
Dealing household expenses	DE1	0.920	0.961				
Family budgeting	DE2	0.800	0.946	0.020			
Education/Career/Marriage of children	DE3	0.830	0.951	0.939			
Saving, Borrowing and Investment in	DE4	0.880	0.900				
business		0.000	0.900				
Social Empowerment							
Self-identity	SE1	0.910	0.919				
Getting /extending help from/to others	SE2	0.870	0.921	0.904			
Responsiveness about social issues	SE3	0.820	0.890				
Raising voice against social corruption	SE4	0.900	0.888				
Interpersonal Empowerment							
Extending Support to family members	IE1	0.930	0.947				
Development in house hold amenities	IE2	0.860	0.899	0.938			
Perfection in family bonding	IE3	0.960	0.935	0.936			
Capability to solve family related	IE4	0.790	0.973				
issues		0.790	0.973				
Psychological Empowerment							
Self-confidence and Self-reliance	PSE1	0.950	0.951				
Accomplishment of Knowledge and	PSE2	0.830	0.854	0.899			
Skills		0.830	0.834	0.899			
Decision making ability	PSE3	0.910	0.846				
Capacity to tackle business threats	PSE4	0.980	0.946				
Political Empowerment							
Involvement in local bodies	POE1	0.810	0.952				
Awareness about reservation for	POE2	0.940	0.956				
women in politics		0.740	0.750	0.942			
Knowledge on political and legal	POE3	0.750	0.933	0.742			
rights of women		0.730	0.733				
Alertness on political benefits for	POE4	0.880	0.929				
women		0.000	J., 2,				

Source: Statistically Analyzed Data

Table:6 enumerates the values of reliability and validity assessment of Factors behind Empowerment of Women Entrepreneurs questionnaire item wise. The reliability values of Acquisition of assets ($\alpha=0.884$), Income generation ($\alpha=0.866$), Contribution to house-hold income ($\alpha=0.975$), Upgrading standard of living ($\alpha=0.960$) Dealing household expenses ($\alpha=0.961$), Family budgeting ($\alpha=0.946$), Education/Career/Marriage of children ($\alpha=0.951$), Saving, Borrowing and Investment in business ($\alpha=0.900$), Self-identity ($\alpha=0.919$), Getting /extending help from/to others ($\alpha=0.921$), Responsiveness about social issues ($\alpha=0.890$), Raising voice against social corruption ($\alpha=0.888$), Extending Support to family members ($\alpha=0.947$), Development in house hold amenities ($\alpha=0.899$), Perfection in family bonding ($\alpha=0.935$), Capability to solve family related issues ($\alpha=0.973$), Self-confidence and Self-reliance ($\alpha=0.951$), Accomplishment of Knowledge and Skills ($\alpha=0.854$), Decision making ability ($\alpha=0.846$), Capacity to tackle business threats ($\alpha=0.946$), Involvement in local bodies ($\alpha=0.952$), Awareness about reservation for women in politics ($\alpha=0.956$), Knowledge on political and legal rights of women ($\alpha=0.933$), and Alertness on political benefits for women ($\alpha=0.929$) are retrieved from the analysis.

The Confirmatory Factor Analysis loadings are calculated. By applying ALPHA method in SPSS, proved that there is an internal consistency between the items of 24 items in questionnaire related to the 'Factors behind Empowerment of Women Entrepreneurs'. The Instrument is analyzed through a purification process based on the coefficient alpha as a measure of reliability of measurement instruments. Cronbach alpha of each construct of the above 0.7 indicates the complete reliability.

Figure: 1. Measurement Model of Factors behind Empowerment of Women Entrepreneurs



CONCLUSION

By contributing to the economic growth and job creation the poverty cycle of the women is changed through entrepreneurship. Despite all the struggles and obstacles, the women entrepreneurs have made the transition of the poverty form their and others lifestyle. They have a passion and involvement in business. They acquire economic independence through the establishment of enterprises of their own. Government policies and the subsidies provided to the women entrepreneurs is the major support that motivates them. Women entrepreneurs serve as role models for the younger generation is owning their start-ups. They also create a better job opportunity to other men and women in their community. This could easily eradicate the poverty among people and develop the economic status of themselves and the nation.

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